

Bhutan or the "Land of the Peaceful Dragon" is a country of sprawling forests, venerated monasteries, overpowering fortresses; lush green valleys fed by bountiful rivers and age-old practices. Cultivated fields surrounded by pitched roof houses with their typical trefoil-shape windows and Dzongs (fortresses) dominate the scenery with their sheer size. Its people are hardworking, vibrantly attired and deeply religious while the land is immaculate.

Undoubtedly, Bhutan is home to many spiritual dzongs, fortresses and monasteries.











o Arrive in Paro, drive to Thimphu

Traditional welcome at the Paro airport and transfer to hotel in Thimphu, the capital city of Bhutan.

En route: Visit **Simtokha Dzong**, the first dzong (fortress) built in Bhutan. Considered the gateway to Thimphu Valley, the dzong's antique murals are renowned for their historic and artistic value and the frescoes and images are among the finest in the country.



Evening

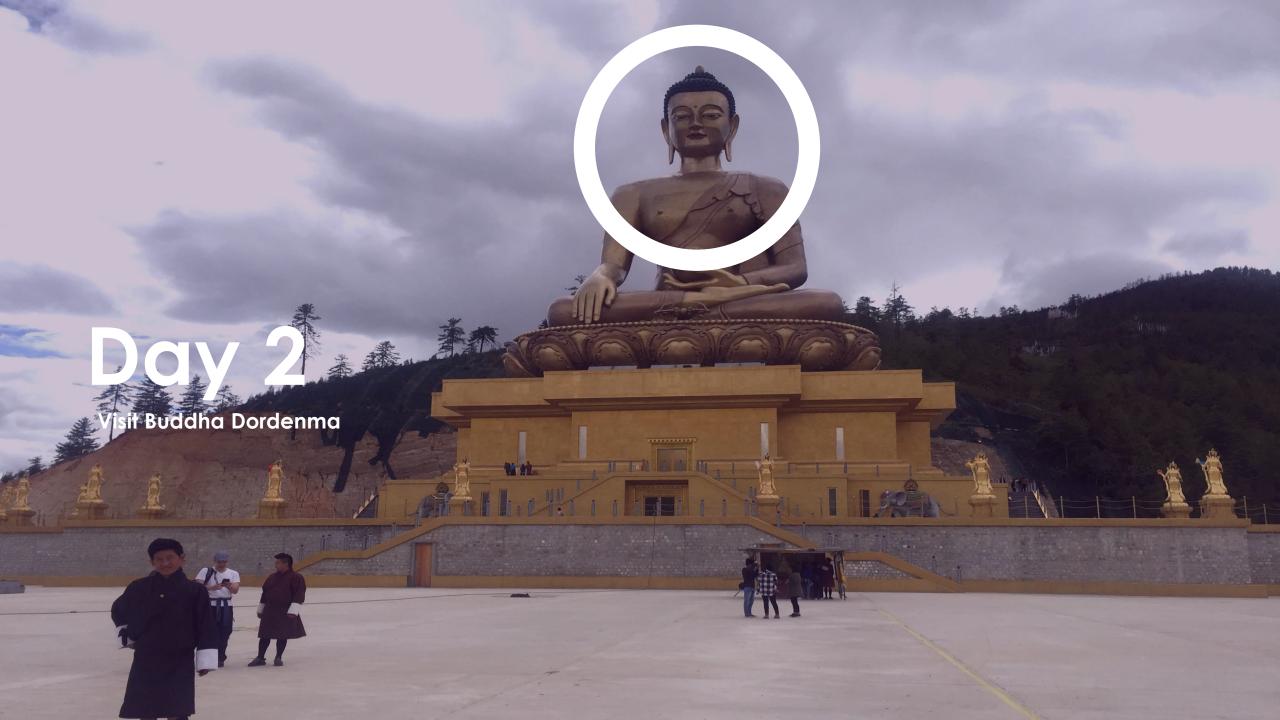
Walk around the impressive **Tashichho Dzong** that has traditionally been the seat of the Druk Desi, the head of Bhutan's civil government.





Tashichho Dzong is open during weekdays after office hours (5pm onwards) and from 9am to 5pm on weekends.









Morning - The National Library of Bhutan and Buddha Dordenma

The National Library of Bhutan is a four-storied eight-cornered traditional building, which looks like the central tower temple of a Bhutanese Dzong.

Next, see the largest Buddha statue in the world at **Buddha Dordenma**. The gigantic 51m tall statue of the Buddha has engraved over one hundred thousand smaller Buddha statues, each of which are made of bronze and gilded in gold. Overlooking the entrance to Thimphu Valley, it emits an aura of peace and happiness.



Afternoon - Folk Heritage Museum

Head to the **Folk Heritage Museum** set inside a 19th century traditional building that gives a good insight into traditional Bhutanese lifestyle.



Evening – National Institute of Traditional Medicine

Observe the allopathic and traditional systems of healing that is practiced here. The institution also produces Bhutanese medicine from the different herbs and plants that they grow here.













Morning: Memorial Chorten

Visit **Memorial Chorten** in Thimphu, also known as Thimphu Chorten. This large Tibetan-style Buddhist Monastery with its golden spires and bells is a popular landmark and one of the most visible religious structures in Thimphu. The chorten is richly carved and contains statues and a shrine dedicated to the king.



Afternoon – Drive to Punakha

Continue the 3 hour drive to Punakha.

En route: The **Dochula Pass** offers a 360-degree of beautiful panoramic view of the Himalayan mountain range, especially on clear winter days. There are 108 chortens that adorn this beautiful chorten built by Queen Mother to commemorate the Bhutanese soldiers. Hang prayer flags here which are considered auspicious.











Morning: Chimi Lhakhang

You come across wooden phallus drawings and statues everywhere in Punakha. Visit **Chimi Lhakhang**, the source of the original wooden phallus. It was brought from Tibet by Lama Drukpa Kunley, who advocated the use of phallus symbols to bless people. Decorated with a silver handle, it is used to bless people who visit the monastery on pilgrimage, particularly women seeking children.



Afternoon: Punakha Dzong

Visit the majestic **Punakha Dzong**, also known as 'the palace of great happiness or bliss'. The second largest dzong in Bhutan, it is a six-storied structure with a scenic mountainous backdrop. Punakha Dzong witnessed the coronation of the first king of Bhutan and in 2011, the wedding of the 5th king.











Drive to Paro

Drive to Paro that takes about 4 hours.



Afternoon: National Museum

National Museum, set in the Ta Dzong, an ancient watchtower that now displays hundreds of ancient Bhutanese artifacts and artwork. The collection at the National Museum preserves a snap-shot of the rich cultural traditions of the country.



Evening: Paro Dzong

Paro Dzong means 'Fortress on a heap of jewels'. This impressive dzong is the finest example of Bhutanese architecture and is one of the most popular and well known dzongs in Bhutan.













Morning: Taktsang Monastery

Do not miss the 4.5 hour hike to **Taktsang Monastery**. Perched on the side of a vertical cliff at 3000 m altitude north of Paro, the beautiful Taktsang Monastery also known as 'Tiger's Nest' is the most famous and an unofficial symbol of Bhutan.



o Afternoon: Kyichu Lhakhang

Post hike, visit the **Kyichu Lhakhang**, an important Himalayan Buddhist Temple. It is one of Bhutan's oldest religious sites built in the seventh century.













o Final Departure

Transfer to the airport for your onward journey.













Aum Dema Building, Langjophakha P.O. Box: 1436, Thimphu, Bhutan

Ovationdmc.com/destinations/bhutan

Phone: +975.2.328829 / 334517

Fax: +977.2.328830