



Lisbon & Porto...
From 'Alfacinhas' to 'Tripeiros'
7 days / 6 nights

From Lisbon to Porto, this flexible and well-balanced journey lets you see the great sites of northern and central Portugal: a journey where cultural discovery combines with the sweetness of life and the friendliness that suits Portugal so well.

Why 'Alfacinhas' and 'Tripeiros'?

- Alfacinhas is the nickname given to Lisbon citizens. The origin comes from the time of the Muslim occupation in the 8th century when they introduced this vegetable they called "Al-Hassa", which has become the word "lettuce" as we know it today. It was the only food consumed by the inhabitants of Lisbon during the siege of Lisbon in 1147, due to its regional abundance and the difficulty of accessing other types of products.
- 'Tripeiros' is the nickname for Porto's inhabitants. During the preparation of the expedition that participated from 'Portus Cale' (old name of Porto) for the conquest of Ceuta, in 1415, each neighbour contributed to bringing the best they had to the brave soldiers who were going to fight. Among the equipment and food they donated all the reserves of meat of the city... so residents only had Tripe for food! From this moment, the inhabitants of other cities began to call them, contemptuously "Tripeiros".





Day 1

Lisbon


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Day 1



Pick up at Lisbon Aeroporto da Portela International Airport in the morning



Welcome Cocktail at your hotel



Time to unpack and to refresh



Afternoon – Discovering Old Lisbon

The first afternoon of your trip starts with an essential experience in the old part of the city: its secret corners and places, walking through the cobbled narrow streets with amazing stories, to discover some mansions, small churches usually closed to the public, art galleries, flea markets... The tour will finish with a visit of the Saint George Castle, climbing the towers and walking along the ramparts for the most breathtaking views of Lisbon... After this you will have time to relax in the gardens where peacocks, geese and ducks strut around.



Welcome dinner

Relaxing evening in a restaurant located at the fantastic Praça do Comercio Square by the river. The venue was created to be a centre of culture, gastronomy and is known for the sample of beers that are produced in all Portuguese-speaking countries.



Overnight at the hotel



Day 2

Lisbon


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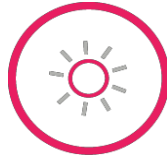
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Day 2



Breakfast at the hotel



Discover Belém quarter

Belém is a district of Lisbon located in the westside of the city, at the mouth of the Tagus river. It was the port of the caravels bound for the New World. This visit is an opportunity to recall the place of Portugal in the great European powers of the 16th century. Let's explore the Belém tower, Jeronimo Monastery and all this fantastic quarter.

Sweet stop during your visit to taste the famous cake 'Pastéis de Belém'

Lunch in an authentic venue close to Belem quarter, with picturesque corners and recreations of Portuguese typical houses like a "tasca" (tavern), a chapel or a bakery (with fresh baked bread for all our guests!)



Free time for shopping experience

Baixa, or downtown Lisbon, is located in the heart of the city. It is the main shopping and banking district that stretches from the riverfront to the main avenue (Avenida da Liberdade), with streets named according to the shopkeepers and craftsmen who traded in the area.



Sunset cruise and dinner

Experience an unforgettable sunset in Lisbon!

Leaving the harbour on a boat, guests will have the nicest views on the historical Portuguese capital. A cocktail followed by a dinner served on board with an exquisite service.



Overnight at the hotel



Day 3

Sintra/Cascais

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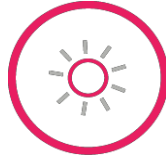
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Day 3



Quick coffee at the hotel before leaving



Lisbon triangle

Early departure from Lisbon to Natural Park Sintra Cascais. Enjoy a wonderful guided visit of a fairy-tale palace upon your arrival followed by a quick coffee break accompanied by a famous Queijadas, their local pastry. The journey continues to Sintra. The Romans called it "The Mountain of the Moon". From magical forests to romantic palaces and breath-taking views, Sintra never fails to seduce! Sintra was the favourite leisure centre for Portuguese Kings due to its richness and the amenity of the weather, is nowadays World Heritage and it brings all your senses together in full harmony and beauty...

Lunch at Guincho beach, near the Água Doce and neighbour to the Cresmin Fort (classified as Portuguese Architectonic Heritage), the restaurant is a privileged location to taste typical dishes.



Free time for shopping in Cascais

Cascais is a coastal town and a municipality in Portugal, 30 kilometers west of Lisbon. It is a cosmopolitan suburb of the Portuguese capital and one of the richest municipalities in Portugal. Many traditional shops exist in the center of Cascais, where a very friendly, personalized service is the order of the day.



Farewell Dinner in Lisbon

Dinner in a spectacular Museum, located in the former royal riding school, in Belem area. The collection of old carriages from different centuries is considered one of the best in the world. A banquet or cocktail held in the hall among the antique, gilded royal coaches is a truly memorable event.



Overnight at the hotel





Day 4

Coimbra / Porto


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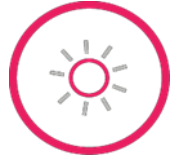
Day 4



Breakfast at the hotel



Time to pack for next destination



Let's go to Coimbra...

Just after the check-out guests will be surprised by nice convertibles that will be waiting for them just outside the hotel.

A briefing will take place before leaving and participants will be divided in groups of 4 per car. Following the instructions of the road-book, guests will be able to start their self-drive journey until Coimbra with all information about the places they are going to pass by. The journey takes around 2h30.

Lunch in a 'magical' place, a retreat of peace and tranquility set within an 18th century palace in the heart of Coimbra.



And now, let's continue to Porto

Before continuing to Porto by coach, guests are going to visit the most emblematic places in Coimbra such as the University, the oldest University in Portugal and one of the oldest in the world.

The trip continues to Porto by coach. It takes around 1h30



Dinner In "Invicta" city Center

Dinner in a restaurant located in a beautiful building with nice gardens and a privileged landscape on Porto. Cuisine with a Mediterranean influence, creative using the best products, fresh and authentic.



Overnight at the hotel





Day 5

Porto

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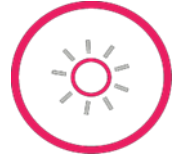
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Day 5



Breakfast at the hotel



Morning – Discover Porto of the 'Tripeiros'

Today, Let's have a walk through the heart of the city of Porto also known as the "unconquerable" and the "granite and the glazed tile city".

Walking through the the quays - the Torre dos Clérigos church - the Stock Exchange palace - the São Francisco church - the cathedral, the São Bento train station.

Let's take the historic tram before having a walk in the Ribeira district (listed as a UNESCO World Heritage Site) and discover the oldest bookstore in town. Stop for a coffee under the chandeliers in one of the most beautiful hotel in town.



Lunch in a charming place with beautiful scenery from the terrace in a friendly ambiance. We recommend to taste the tuna.



Dinner at a Port wine cellar

Dinner in one of the best Port Wine producers since the 17e Century, located at Vila Nova de Gaia, across the river from the center of Old City of Porto. The location houses most of the extensive reserve of wooden aged Port wine and offers a classic Portuguese cuisine with a contemporary touch.



Overnight at the hotel



An aerial photograph of the Douro Valley in Portugal, showing terraced vineyards on a hillside, a winding river, and a small building. A circular inset in the top right corner provides a closer view of a building with a red roof.

Day 6

Douro Valley

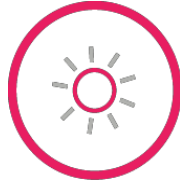
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Day 6



Breakfast at the hotel



Morning- Departure to the Douro Valley

Departure to the Douro Valley by a regional traditional train from Porto train station. Don't forget to admire this amazing station and its 20.000 tiles in the atrium.

The valley of the River Douro is one of the most beautiful regions of Portugal, considered World Heritage by UNESCO, with an unforgettable landscape where the famous Port wine is produced, along with many other brands and types of wines as table and digestive wines.

Upon arrival in the region, a bus will take you over the vineyards planted on terraces and typical villages located around the Douro river.

The visit will finish in one of the oldest farm in the area to discover not only its history but also wine-making processes they use to produce their wine.



Lunch time

After a wine tasting at the end of the visit, a typical lunch will be served in their property.

After lunch, relaxing Boat Trip along the peaceful Douro River...Be surprised by this wonderfull landscape!

Transfer back to Porto by bus



Farewell evening

Last evening in an iconic and historic Palace which is nowadays mainly used for major events, such as official receptions. In 1957, Queen Elizabeth II was received there in a great ceremony. It was built in 1842, over the ruins of the former St.Francis convent, which was burned in 1833. The predominant style of our venue tonight is the British Neoclassical, and Palladian style.



Overnight at the hotel





Day 7

Porto

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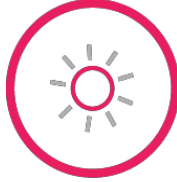
Day 7



Breakfast at the hotel and check out



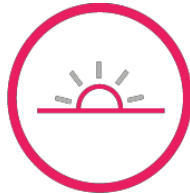
Time to pack...



Morning- Exploring Porto by another side

Your last day is dedicated to explore Porto by the river. Six magnificent bridges link the two banks of the River Douro. Enjoy a Six Bridges Cruise and discover them all - D. Luís, Infante, Dona Maria, S. João, Arrábida and Freixo – from the oldest to the newest.

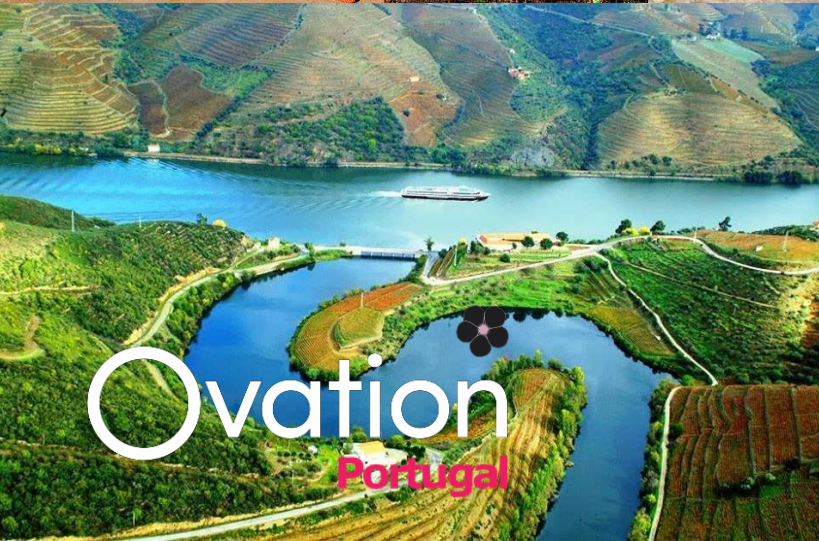
After the cruise, a typical lunch will be served on the other bank of the Douro river in a well-known Restaurant & Wine bar with amazing view on the city and Douro river.



Afternoon- Bye Bye Portugal!

Transfer to Porto Airport and departure





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