### 2 Nights Programme



### Panama City, the most cosmopolitan and culturally distinct capital city in all of Central America is fast becoming a popular location for international meetings and events.

Easily accessible with excellent communications infrastructure, the city's appeal is boosted by its year round moderate climate, vibrant restaurants and abundance of historical and adventure sites.





## Danama City

Day 1



### • Arrival & Meeting

Arrival at Tocumen International Airport with VIP service treatment and transfer to the hotel of choice. Business meeting commences with working lunch to follow in one of the hotel's elegant conference suites.



### • Afternoon - Welcome to Panama City

Casco Antiguo, the city's richest cultural area is waiting to be discovered. Explore the ancient plazas, cathedrals and quaint shops of this UNESCO designated World Heritage Site. Stop for a gourmet Panamenian coffee or refreshing pina colada at one of its many small cafes and bustling bars.





### • Evening - Seafood by Sunset

Against a backdrop of a spectacular Pacific Ocean sunset, tempt your tastebuds with a flavour of the real cuisine of Panama City. Just some of the local seafood and shellfish specialties to savour are ceviche, patacones, corvina and camarones.

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Day 2



### o Morning - Panama Canal

Prepare to be astounded by a marvel of ingenuity and modern engineering. Constructed by 250,000 workers over a 10 year period, the 82km long Panama Canal is often referred to as the Eighth Wonder of the World. Watch as vessels weighing up to 5,000,000 ton rise and drop more than 50 feet while sailing between the Atlantic and Pacific Oceans.



### • Afternoon - Into the Wild

Just 40 minutes from Panama City, get up close and personal with the exotic birds and animals of the rainforest from the comfort of an aerial tram or visit Monkey Island by jungle boat to see the famous white faced Capuchin monkey species.







Sit back and enjoy a folkloric evening which combines traditional performances by dancers in national pollera dress with typical Panamenian cuisine.



# Day 3 Panama City

2





• Breakfast at leisure and airport departure





Making it Happen







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